

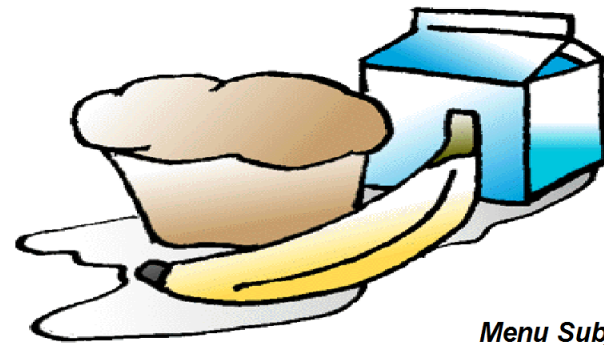
Mt. Ararat High School

Weekly Breakfast Menu for

school year 18-19

Paid: \$2.00

Reduced or Free: free



**Menu Subject to Change
without Notice**

Breakfast is served from
6:45 - 9:45 daily.

Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
Featured Main: Cheese Bagel Pizza Apple Filled Breadstick Other Main Choices: Assorted Muffins Asst. Cereal Bowls & Bars Yogurt/Parfaits Bagel w/ Cream Cheese Smuckers PBJ Breakfast Sandwich Daily Options: Milk Choice Cheese Stick Fruit Options Assorted Juices	Featured Main: Sausage or Bacon Grilled Breakfast Sandwich Other Main Choices: Assorted Muffins Asst. Cereal Bowls & Bars Yogurt/Parfaits Bagel w/ Cream Cheese Smuckers PBJ Daily Options: Milk Choice Cheese Stick Fruit Options Assorted Juices	Featured Main: French Toast Stick Egg & Cheese Burrito Other Main Choices: Assorted Muffins Asst. Cereal Bowls & Bars Yogurt/Parfaits Bagel w/ Cream Cheese Smuckers PBJ Breakfast Sandwich Daily Options: Milk Choice Cheese Stick Fruit Options Assorted Juices	Featured Main: Cheese Bagel Pizza Apple Filled Breadstick Other Main Choices: Assorted Muffins Asst. Cereal Bowls & Bars Yogurt/Parfaits Bagel w/ Cream Cheese Smuckers PBJ Breakfast Sandwich Daily Options: Milk Choice Cheese Stick Fruit Options Assorted Juices	Featured Main: Sausage or Bacon Grilled Breakfast Sandwich Other Main Choices: Assorted Muffins Asst. Cereal Bowls & Bars Yogurt/Parfaits Bagel w/ Cream Cheese Smuckers PBJ Daily Options: Milk Choice Cheese Stick Fruit Options Assorted Juices

** Please note that students can select 1 main item and must choose at least two accompanying items to make a meal: One selection must be a 1/2 cup fruit/veg component. Choose All 5 for the best nutrition!

This institution is an equal opportunity provider.