

This Institution is an Equal Opportunity Employer

Mt Ararat High School

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Grill Day Home Made Breakfast Sandwiches Ham, Bacon, Sausage or Cheese	2 Pancake Day French Toast WG Donut	3 Breakfast Burrito French Toast Sticks	4 Grill Day Home Made Breakfast Sandwiches Ham, Bacon, Sausage or Cheese
7 Bagel & Cream Cheese Muffins Yogurt Parfait	8 Grill Day Home Made Breakfast Sandwiches Ham, Bacon, Sausage or Cheese	9 Pancake Day French Toast WG Donut	10 Breakfast Burrito French Toast Sticks	11 Professional Development Day No School
14 Columbus Day No School	15 Grill Day Home Made Breakfast Sandwiches Ham, Bacon, Sausage or Cheese	16 Pancake Day French Toast WG Donut	17 Breakfast Burrito French Toast Sticks	18 Grill Day Home Made Breakfast Sandwiches Ham, Bacon, Sausage or Cheese
21 Bagel & Cream Cheese Muffins Yogurt Parfait	22 Grill Day Home Made Breakfast Sandwiches Ham, Bacon, Sausage or Cheese	23 Pancake Day French Toast WG Donut	24 Breakfast Burrito French Toast Sticks	25 Grill Day Home Made Breakfast Sandwiches Ham, Bacon, Sausage or Cheese
28 Bagel & Cream Cheese Muffins Yogurt Parfait	29 Grill Day Home Made Breakfast Sandwiches Ham, Bacon, Sausage or Cheese	30 Pancake Day French Toast WG Donut	31 Breakfast Burrito French Toast Sticks	

Every Day Options
 Cereal, Breakfast Bars, Fruit Cups , Smoothies, Whole Fruit, Juice & Milk