

# MSAD 75 Elementary

## School Lunch Menu

meal prices\*:

\$2.75 Paid \$ .40 Reduced  
or Free

\*the purchase price of Milk outside of the meal is 50 cents.



**This institution is an equal opportunity provider.**



**Menu Subject to Change without Notice**

Monday	Tuesday	Wednesday	Thursday	Friday
	All of our bread products are whole grain.	<sup>1</sup> Quesadilla Turkey Sandwich Pasta Salad Pears Fruit & Food Bar Milk Choice	<sup>2</sup> Sloppy Joe on a bun Chicken Salad Sandwich Fresh Apple Slices Green Beans Fruit & Food Bar Milk Choice	<sup>3</sup> Bosco Sticks with Sauce Tuna Salad Sandwich Fresh Banana Half Carrots Fruit & Food Bar Milk Choice
<sup>6</sup> Chicken Patty Sandwich Egg Salad Sandwich Mixed Fruit Roasted Chick Peas Fruit & Food Bar Milk Choice	<sup>7</sup> Fish Sticks Ham Salad Sandwich Potatoes Brussel Sprouts Fruit & Food Bar Milk Choice	<sup>8</sup> Waffle Sticks with Syrup Breakfast Sandwich Potato Wedges Apple Sauce Fruit & Food Bar Milk Choice	<sup>9</sup> Taco's Lettuce, Tomato, Sour Cream & Salsa Turkey Sandwich Black Beans & Rice Fruit & Food Bar Milk Choice	<sup>10</sup> Toasted Cheese Sandwich Fish Sandwich Kiwi Rounds Home made Veggie Soup Fruit & food Bar Milk Choice
<sup>13</sup> Hot Dog on a bun Veggie Sandwich Pickle Spear Cole Slaw & Beans Fruit & Food Bar Milk Choice	<sup>14</sup> Shepherd's Pie Cheese Sandwich Funchips Peas Fruit & Food Bar Milk Choice	<sup>15</sup> Chicken Nuggets Teriyaki Chicken Potatoes Asparagus Fruit & Food Bar Milk Choice	<sup>16</sup> 1/2 Day Bagged Lunch Sunbutter & Jelly Sandwich Veggie Sticks Fresh Apple Graham Crackers	<sup>17</sup> No School  Professional Development Day
<sup>20</sup> Pancakes & Sausage with Toppings Cheese omelet Banana Muffin Fresh Melon Fruit & Food Bar Milk Choice	<sup>21</sup> Macaroni & Cheese with Ham Chicken Salad Sandwich Mixed Fruit Steamed Broccoli Fruit & Food Bar Milk Choice	<sup>22</sup> Chicken & Gravy Potatoes Hot Ham & Cheese Sandwich Dinner Roll Peas Fruit & Food Bar Milk Choice	<sup>23</sup> Rib B Que Sandwich French Toast with Ham Corn Warm Apple Slices Fruit & Food Bar Milk Choice	<sup>24</sup> Pizza with assorted toppings Pasta with Marinara Fresh Banana Half Baby Carrots Fruit & Food Bar Milk Choice
<sup>27</sup> Chicken Tenders Baked Mozzarella Sticks Rice Dinner Roll Green Beans Fruit & Food Bar Milk Choice	<sup>28</sup> American Chop Suey Make Your Own Italian Sandwich Steamed Broccoli Peaches Fruit & Food Bar Milk Choice	<sup>29</sup> Burger Day Hamburger, Cheeseburger, Veggie Baked Fries Fresh Apple Slices Smoothies Fruit & Food Bar Milk Choice	<sup>30</sup> Chicken Pot Pie Pasta & Meatballs Applesauce Squash Fruit & Food Bar Milk choice	<sup>31</sup> Pazzo Bread with Sauce Fish Sticks Orange Wedges Green Beans Fruit & Food Bar Milk Choice