

**MT. ARARAT HIGH**

**SCHOOL**

Lunch Price: \$2.85

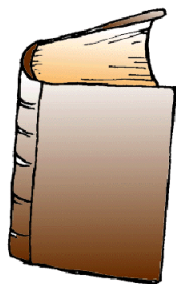
Reduced: .40 cents

Milk outside the Meal is

\$.50



Don't forget to exercise your brains this summer and read at least 20 minutes every day!



Monday	Tuesday	Wednesday	Thursday	Friday
All of our bread products are whole grain.	Mid Coast Hunger Prevention Program will be running free summer feeding programs for Children up to the age of 18 at various sites this summer. For more information, go to <a href="http://www.mchpp.org">www.mchpp.org</a>		Get off to a <b>Good Start,</b> Eat <i>Breakfast!</i>	<sup>1</sup> Fish Sticks w/French Fries Cheese Quesadilla Pizza Pizza Burgers Spaghetti with Meat Sauce Tossed Salad Fruit & Salad Bar Choice of Milk
<sup>4</sup> Pulled Pork Sandwich Hamburgers Turkey Clubs Chicken & Gravy Mashed Potato & Peas Fruit & Salad Bar Choice of Milk	<sup>5</sup> French Toast w/Sausage Grilled Reubens Chicken Patty Sandwich Meatloaf Roated Potato & Mixed Vegetables Fruit & Salad Bar Choice of Milk	<sup>6</sup> Soft Tacos Chef Salads Chicken Flatbreads Mac & Cheese Steamed Broccoli Fruit & Salad Bar Choice of Milk	<sup>7</sup> Ham & Turkey Italians French Bread Pizza Terry's Choice Shepherd's Pie Cucumbers & Dip Fruit & Salad Bar Choice of Milk	<sup>8</sup> Tuna Melts Cheeseburger Baskets Soft Baked Pretzels Chicken Tenders Potato & Steamed Corn Fruit & Salad Bar Choice of Milk
<sup>11</sup> Chicken Ceasar Wraps Pazzo Bread with Herb Dipping Sauce Meatball Subs Ham & Scalloped Potato Carrots Fruit & Salad Bar Choice of Milk	<sup>12</sup> Baked Potato w/Fixings Assorted Pizza Cheese & Bean Quesadilla Chicken Pot Pie Assorted Fruit Fruit & Salad Bar Choice of Milk	<sup>13</sup> Chicken Fajita's Veggie Burger Chicken Nuggets Veggie or Meat Lasagna Wg Breadstick Fruit & Salad Bar Choice of Milk	<sup>14</sup> Hot Dogs & Cole slaw Chef Salads Veggie Nachos Shepherd's Pie Green Beans Fruit & Salad Bar Choice of Milk	<sup>15</sup> Shrimp Poppers Spicy Chicken Sandwich Veggie Burgers Chicken Fried Rice Fruit Cup Fruit & Salad Bar Choice of Milk
<sup>18</sup> Tomato Soup & Grilled Cheese Chicken Nuggets Grilled Chicken Sandwich with Lettuce & Tomato Meatloaf Potato & Carrots Fruit & Salad Bar Choice of Milk	<sup>19</sup> Fish & Chips Bosco Stick with Sauce Chicken Patty Sandwich Macaroni & Cheese Coleslaw Fruit & Salad Bar Choice of Milk	<sup>20</sup> Breakfast  Bagged Lunches	<sup>21</sup> Breakfast  Bagged Lunches	<sup>22</sup>   Last Day of School  Make Up Day
<sup>25</sup>   <b>Menu Subject to Change without Notice</b>	<sup>26</sup>	<sup>27</sup>	<sup>28</sup>	<sup>29</sup>   <b><i>This institution is an equal opportunity provider.</i></b>
<sup>26</sup> Please be sure to add funds to your student's lunch balance by going to <a href="http://Myschoolbucks.com">Myschoolbucks.com</a> or sending in a check. All students should work from a positive balance and only charge in the case of an emergency. Thank you for your cooperation! If you need assistance, please contact Katy DiCara 729-9961 ext. 238.				